## A Brief Guide to Services



Safer Lives provides support and behaviour change programmes to people who are under investigation for a range of sexual offences, and for their partners and family members. Our aims are to reduce suicides, prevent offending and safeguard families.

Key features of our services include:

- Consultations within 7 days of contact through video calls or in-person appointments
- Structured, individualised programmes with ongoing support during investigations
- Prices can be reduced for hardship and are increased if court dates are already known
- We also provide family court and local authority funded behaviour intervention work.

**Initial Consultations.** A dedicated hour designed to help clients better understand their situations, allow them to ask questions and signpost them to further support through Safer Lives and other agencies. We always offer an appointment within seven days of the request. A consultation is required before starting a programme through Safer Lives. £60.





The Safer Lives Programme (age 23+). Five one-hour appointments aimed at providing additional support alongside a better understanding of the individual's behaviours and impact on victims, explanation of how the criminal justice system works, and an individualised safety plan. £850 including ongoing support.

**Transitions Programme (aged 16-22).** A variation of the Safer Lives Programme that has a greater focus on relationship and sexual education, online presence, and the difficulties of transitioning to adulthood. With client permission, parents are also included in up to two of the six sessions. £850 including ongoing support.



**Free Ongoing Support.** Clients completing a programme receive a completion letter and have access to free ad hoc support by messaging, email or phone calls until the outcome of their investigation is known. Further meetings are at additional cost.



**Partner & Family Consultations.** All clients are offered a support meeting for a partner or their adult family members. £70.

**Insight Programme.** A four session one-to-one protective parenting programme for non-offending partners and carers. £720.

**Local Authority funded behaviour interventions.** We deliver individualised programmes of behaviour intervention funded by local authorities, often on the recommendation of a clinical or forensic psychologist. Contact us for a discussion or quote.